

SARAH ATTWOOD CV

Date of Birth: 23.05.1986

Nationality: English

Driver: Full license

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EDUCATION

University of Birmingham – PGA Foundation Degree

2019–2022

Long Road Sixth Form College

2002–2004

GNVQ Leisure and Tourism and Business Studies, GCSE English Language and Maths.

Adult Evening Classes – Hills Road Sixth Form

2016

Cottenham Village College

GCSEs

Milton Primary School

CURRENT POSITION – PGA ASSISTANT PROFESSIONAL AT BURY ST EDMUNDS GOLF CLUB

As a PGA Assistant Professional at Bury St Edmunds Golf Club, I undertake a diverse range of responsibilities across golf instruction, retail and pro shop operations, tournament organisation, custom fitting and equipment repair, general administration and outside operations.

Golf Instruction

Deliver individual and group coaching lessons to players of all skill levels, including junior and beginner programmes. I adapt my coaching to suit the individual needs and abilities of each golfer, helping players develop their technique, confidence and overall performance.

Retail and Pro Shop Operations

Manage the daily operations of the golf shop, including retail sales, inventory, stock control, merchandising and customer service. I ensure the shop is well presented and provide members and visitors with a high standard of service and advice.

Tournament Organisation

Coordinate and run club competitions, corporate events and scoreboards. I ensure competitions are organised efficiently, assist with the smooth running of events and ensure scores and results are processed accurately.

Custom Fitting & Equipment Repair

Provide advice on golf equipment and conduct individual custom fitting sessions, helping golfers find equipment that best suits their swing and performance requirements. I also carry out basic club repairs, including re-gripping and general equipment maintenance.

General Administration

Handle tee times and respond to member and visitor enquiries, while assisting with the day-to-day administration of the golf club and professional shop.

Outside Operations

Supervise outside operations staff, including caddies and cart attendants, helping to ensure the daily golf operation runs efficiently and that members and visitors receive a high standard of service.

Balancing these varied responsibilities requires effective time management, prioritisation, strong communication and organisational skills. I am able to manage multiple tasks during busy periods while maintaining a high standard of service and ensuring the needs of both members and visitors are met.

GOLF PROFESSIONAL AT FYNN VALLEY GOLF CLUB, IPSWICH, SUFFOLK

I taught at the golf club while doing the World Golf Teaching Federation of Great Britain & Northern Ireland teaching course. I was the resident Professional and assistant in the pro shop. I organised individual custom fittings for members and non-members with various club brands, Lynx and Ping. Organised the junior academy throughout the year.

I attended a Foremost Workshop at Bishop Stortford GC. I taught a variety of players from beginners to low handicap amateurs, Suffolk teams and women's club teams. Hosted a Women's Fitting Day for ladies members to try the new club models.

TITLEIST PERFORMANCE INSTITUTE – WOBURN & ONLINE LEARNING

Developed Custom Fitting Knowledge through the Titleist Learning Lab online platform and by attending Titleist PGA training days at Woburn. The online modules strengthened my

understanding of fitting principles and equipment performance, while the practical sessions at Woburn provided hands-on experience using Titleist fitting equipment and interpreting ball flight data.

This has increased my confidence in delivering effective custom fitting sessions and recommending the most suitable equipment for individual golfers.

OTHER ROLES

PGA Golf Professional Coach at Ladies British Open Swing Zone

Coached at the AIG Women's British Open 2019 at Woburn Golf Club, 2024 at St Andrews, 2025 at Royal Porthcawl. Worked as a coach with other fellow professionals, giving 20-minute individual lessons to the spectators and sponsors in the Swing Zone area for the whole duration of the tournament.

I.T. SKILLS

I am competent in the Adobe suite, InDesign, Photoshop, and Illustrator; I have a good knowledge of Word and PowerPoint. Use of Club V1, HowDidIDo, BRS, and England Golf.

TOUR PROFESSIONAL GOLFER 2014–2016

Job Role / Skills:

- Organising travel and accommodation across Europe
- Managing sponsors
- Handling invoices and payments
- Organising and arranging days for training and working with the coach
- Playing on the Jamega Ladies Tour, LET Access Series, PGA East and Suffolk Regions Tour
- Dealing with pressure and keeping calm in all circumstances
- Managing time efficiently
- Using my strong personal skills to communicate with players, tournament officials and other people

KEY ACHIEVEMENTS IN THE GOLF PROFESSIONAL ROLE

At my current club, I built up a second coaching indoor studio with Foresight GC3 Launch Monitor data and cameras that offer top-quality swing analysis.

Being qualified with the latest Titleist Learning Platform Models and am a Team Titleist Member.

Have been recognised as a Teaching Professional/Coach on the PGA Play website.

Played and finished 4th in the 2025 and T8 in the 2026 Justin Rose Ladies Series and was featured on the Sky Sports Golf channel.

2025 – I coached in the PGA Coaching Zone at the AIG Women's Open at Royal Porthcawl Golf Club.

Achieved 50th in the European Masters on the Ladies European Tour, and reached the final stage of Qualifying School in Morocco in 2016.

As a member of the Gog Magog Golf Club, and after playing top amateur golf competitions for 12 years and having a handicap of +2, I decided to turn pro in 2013.

I started my professional career competing on the Ladies Jamega Tour. Won my 1st professional title within a few months of turning pro. During my second year, I moved to the Ladies European LET Access Tour, playing events all over Europe.

My biggest success came when I was invited to play in the ISPS Handa Ladies European Masters in 2015 at the Buckinghamshire Golf Club. I finished 57th of a field of 144 players.

Other highlights were that I was senior county champion at the age of 16, the youngest ever to have won in Cambridgeshire, and won 2 more in subsequent years. I came 5th in the WPGA at Stoke By Nayland in 2015. In the same year on the LET Access Series, I made 7 out of 12 cuts.

I have also attended England Girls Training at Stratford Oaks Golf Club with coach Andy Dunbar. Through my golfing career, I have had many PGA coaches, to name a few, Barney Puttick, Simon Garner and Lawrence Farmer.

Playing as an amateur, I finished 3rd in the English Ladies Strokeplay at Silloth GC. Also played in numerous open qualifiers at Berkshire GC, and in 2014 I qualified for the final at Southport and Ainsdale GC.

OTHER EMPLOYMENT

Camp America Counselor

2012, acted as a leader for a Girl Scouts camp for 10 weeks, being a caregiver, role model, supervisor, and leading daily activities like sports or arts over the summer.

Core Responsibilities: **Safety:** Keep children safe during all camp events and outdoor adventures

Role Modeling: Act as a trusted mentor and guide.

All camp staff had to take a course on working with children, be CRB-checked, and qualify to be a Red Cross first aid lifeguard on site.

Royal Household, Balmoral Castle

Following an interview at Buckingham Palace, I was selected to work for the Royal Household in 2010 and spent six weeks at Balmoral Castle in Scotland.

Duties included: **Supporting** the day-to-day running of the royal residence

Maintaining high standards of cleanliness and presentation

Caring for valuable antiques and interiors

Preparing guest accommodation, and providing front-of-house hospitality during official functions and events.

During my time at the Balmoral estate, I was also privileged to have access to the private nine-hole golf course.

Custodian At King's College, Cambridge

Worked as a custodian for King's College, Cambridge. I was responsible for the upkeep, security, and public presentation of the historic buildings.

My key roles were: **Visitor and Public Management:** Directing tourists, managing entry flow into spaces like the historic King's College Chapel, and handling on-site public inquiries

Site Security and Safety: Monitoring building access, helping secure college grounds, and reporting maintenance hazards or safety concerns.

Facilities Upkeep: Assisting with basic care, opening/closing routines, and general presentation of designated college areas.

Event and Ceremony Support: Assisting operational staff during special college events, academic functions, or world-famous chapel services.

King's College Shop

Worked in the King's Shop as a retail assistant, welcoming visitors, operating cash registers, managing stock displays, and delivering customer service.

Answered visitor questions about the historic site and processed merchandise sales of souvenirs and guidebooks.

My Key duties were: **Sales & Cash Handling:** Operate the till, handle cash and card payments accurately, and process transactions.

Stock Management: Restock shelves, unpack deliveries, and keep the sales floor tidy and well-organized.

Cambridge Corn Exchange

Wardrobe Assistant for the stage show of Joseph and The Amazing Technicolor Dreamcoat.

Assisted with the wardrobe department to make sure all the costumes were ready and in the right place to enable the show to run smoothly.

Main Duties:

Assist with quick changes: Help actors change outfits in tight time windows between energetic musical numbers.

Pre-set costumes: Organize and hang upcoming costume pieces in exact order at designated backstage dressing stations.

HOBBIES AND INTERESTS

Golf, playing musical instruments i.e., guitar, keyboard/piano, saxophone, drums, amateur dramatics, charity fundraiser for MDF Bipolar Fellowship (www.mdf.org.uk). Designed and sold wristbands for the foundation; walking/cycling, reading/learning golf coaching theories.

ACHIEVEMENTS

PGA FdSc Golf Studies DE

PGA Coaching Levels 1, 2, 3

Red Cross First Aid Certificate

Duke of Edinburgh Award

Titleist University, Product, Fitting and Certification Training Platform

Certification for 2026 T-Series Product Education with Titleist University 2026

Certification for Scotty Cameron Phantom X Putter with Titleist University 2026

Certification for GTS Driver and Fairway Product Education Spring 2026 with Titleist University

Certification for 2026 Titleist Golf Ball with Titleist University