

## **Rory Stewart CV**

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## **Personal profile**

Professional athlete with over 10 years on the international squash tour, achieving a career-high world ranking of 40, winning 11 PSA World Tour titles, and medalling at major global championships including the Commonwealth Games and World Doubles Championships. Since 2015, I have represented Scotland at the European Team Championships, World Team Championships, and Commonwealth Games.

I am now looking ahead to change career direction, combining my passion for golf with my extensive coaching experience working with all ages and abilities in squash, and applying these skills within a golf-coaching environment. I am committed to developing as an Assistant Golf Professional with the intention of completing the PGA Coaching Qualification and building a long-term career in golf coaching.

## **Key achievements**

- Career High World Ranking: No. 40 (PSA)
- 11 PSA World Tour Titles
- Commonwealth Games Bronze Medallist, Birmingham 2022 (Men's Doubles)
- World Doubles Championships Silver Medallist, Glasgow 2022
- Represent Scotland at European Team Championships, World Team Championships & Commonwealth Games (2015–Present)
- Coached juniors, adults, and performance athletes worldwide

## **Key skills**

- Coaching & player development
- Lesson planning & technical instruction
- Understanding of high-performance training
- Friendly, adaptable communication style
- Confident leading group and 1:1 coaching
- Full UK Driving Licence

## **Professional experience**

Professional Squash Player & Coach (2014–Present)

- Compete internationally on the PSA World Tour.
- Represent Scotland at European & World Team Championships and the Commonwealth Games.
- Coach players across all levels, focusing on progress, enjoyment, and long-term development.

Grange Squash Club – Junior Coaching (2017–2020)

- Delivered weekly junior coaching sessions.
- First session focused on beginner-level juniors; second session for advanced juniors.
- Several advanced juniors progressed to represent Scotland in various age categories.

Galashiels Squash Club – Fortnightly 1-1 Coaching (2018–2022)

- Travelled to Galashiels every fortnight to deliver multiple 1-1 sessions.
- Coached a wide range of ages from young children to older adults.
- Supported abilities from complete beginners to multiple-time club champions.

Edinburgh Sports Club – Coach, Events Support & Club Operations

(2015–2022) • Delivered coaching across junior and adult programmes.

- Assisted with holiday camps and club tournament operations.
- Worked behind the bar, supported club functions, and covered reception duties.

- Responsible for booking courts, managing admin duties, and organising sports fixtures for the club.

Kids Summer Camp Leader – Edinburgh Sports Club (2015–2022)

- Planned and delivered activity sessions for children aged 6–14.

Caddie – Gleneagles Hotel & Golf Courses (2010–2017)

- Caddied for golfers of all abilities, adapting communication and course support to suit individual needs.
- Maintained professionalism while ensuring players enjoyed their round and performed to their potential.

Bar & Hospitality Staff – West Riding, Leeds (June 2025–Present)

- Provide high-quality customer service in a fast-paced hospitality environment.
- Serve food and drinks efficiently.
- Carry out stock checks.
- Interact with paying customers in a friendly, professional manner, ensuring a positive experience for all guests.

Delivery Driver – Amazon (June 2025–August 2025)

- Managed independent delivery routes efficiently and reliably.
- Ranked consistently in the top three performers out of 68 drivers, with the top three receiving a performance bonus, which I achieved every time the team was eligible.
- Demonstrated strong work ethic, focus, and reliability in daily performance.

## **Golf background**

- Competed throughout Scottish junior golf age groups.
- Handicap of 0 at age 17.
- Scottish Boys Match Play Championship – 3rd Round (Dunbar, 2012)
- Scottish Boys Under-18 Open – T-21 (Roxburghe, 2014)
- Reached Crieff Golf Club Championship Final in 2013 and 2014, finishing runner-up both years.
- Continue to play regularly and to a high competitive standard.
- Member of the Scottish Golf Union development squad based in St Andrews (2009-2011).

## **Education**

Highers: Physical Education, History

Standard Grades: Maths, English, PE, History, Graphic Communication, French, Woodwork, Biology

## **Personal attributes**

Punctual • Friendly • Motivated • Team-oriented • Strong work ethic • Confident communicator

## **Goal**

To develop as an Assistant Golf Professional and progress through the PGA Coaching Degree