

## PGA Trainee/PGA Assistant Professional

**Hard-working golf enthusiast, currently completing my PGA training after a successful career as a chartered construction manager.** After combining an elite amateur playing career, and recommencing coaching in golf since September 2025 as a trainee teaching professional, I am looking to add the excellent experience I have built so far with my own coaching, to elevate it within an organisation that is trying to build their business simultaneously.

With a background in professional construction management and customer service roles, I bring strong leadership, communication, and interpersonal skills. I am currently enrolled in a PGA Foundation Degree, I am passionate about delivering high-quality coaching, developing tailored player journeys, and supporting club performance.

## Professional Experience

### Golf Coach

#### **Sudbury Golf Club 2025-present**

#### ***Brent Valley Golf Academy, 2021–2022***

- **Introduced foundational swing mechanics, short game and putting techniques to youth and beginners.**
- **Golf coach to players of all abilities, from elite amateurs to beginners and juniors.**
- **Delivered enjoyable and skill-focused lessons, cultivating interest and retention in young golfers.**
- **Assisted academy coaches in organising group drills and assessments.**
- **Assist the golf operations team on a part-time basis each week.**
- **Developed my own plans with building packages to assist golfers in customised teaching schedules and long-term development.**
- **Certified Mind Factor coach.**
- **Capto Level 2 putting coach.**
- **PGA trainee, currently completing the foundation degree.**

### Professional Caddy — agency basis (Part-time)

- **Guided amateur and experienced players in on-course strategy without changing swing fundamentals.**
- **Applied game management techniques to help golfers lower their scores.**
- **Developed strong customer rapport and enhanced knowledge of course conditions and club selection.**
- **Caddy Clubhouse Accredited (Tour and Club levels).**

## Skills & Coaching Philosophy

- **Technical & Tactical:** Deep understanding of swing mechanics, short game techniques, and on-course strategy.
- **Teaching Approach:** Adaptive coaching tailored to individual learning styles; focus on motivation, empathy, and improvement.
- **Technology & Custom Fitting:** Keen interest in launch monitor data, club fitting processes, and modern coaching tools.
- **Player Development:** Basic knowledge of sports science, fitness, nutrition, and mental game coaching.
- **Interpersonal Abilities:** Active listener, clear communicator, team player, professional demeanour.

## Amateur Golf Achievements & Credentials

- Previous Handicap: **+2.6 WHS**.
- **Middlesex County Champion** (multiple years).
- **County Captain** (multiple years).
- **Club Champion** at Sudbury GC (multiple years).
- **Level 1 First Aid at Work** certificate.
- **Aimpoint Level 1** coach training scheduled June 2026.

## Previous Professional Experience (Construction)

### **Construction Site Manager (Multiple sites throughout London)**

**2018 – 2025**

Midgard (2022-Present): *Working on Consort Place (£470m) and Ferry Island (£243m).*

Wates (2019-2022): *Clarion Housing Partnership Framework (£23m annual value)*

Coldrum Group Ltd (2018-2019): *Akelius Housing Refurbishment Projects (1m annual value)*

### **Assistant Site Manager**

**2014 – 2017**

Galliard Homes Ltd (2015-2017). – Galliard Construction Ltd (multiple sites throughout London), UK

Axis Europe PLC (2014-2015), Tower Hamlets, UK

### **Site Supervisor**

**2009 – 2014**

Greyline Builders Ltd (multiple sites throughout London and the South East)

## Credentials and Affiliations

**SMSTS and First Aid Training**

**Black CSCS Card Holder**

**Level 4 HNC in Construction & Built Environment**

**Member, Chartered Institute of Building as a Chartered Construction Manager**

**City & Guilds 2330 Level 3 and 2**

**NVQ 6 – Construction Contracting Operations Management (General)**

**RICS – Certificate in Construction Project Management**