

Freddie Sheldon

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Having finished college last year I am currently working as a Trainee Outdoor education instructor for Edinburgh council at Lagganlia Outdoor centre near Aviemore in Scotland, we primarily have p7 groups from around the Edinburgh area. Throughout the day I do voluntary work which includes shadowing sessions around the local area. I have shadowed skiing at the cairngorm and on site, Rock climbing , Hiking , Abseiling , Canoeing , Kayaking , Biking and Gorge Walking. At lagganlia we live on site and have to be on call for weekend guests and also to help the schools. We get payed to run evening sessions which include small activities like a night walk , a sensory trail and a mini scavenger hunt. We also perform other duties around the centre helping with the catering side of things and then also the maintenance of the centre. It a good opportunity allowing me to get out and work towards NGB Quals throughout the year.

Qualifications

RYA Level 2 DINGHY SAILING

PADDLE UK CANOE SAFETY AWARD

ARCHERYGB INSTRUCTOR AWARD

Experience

09/24 – 05/25 Pizza Hut – Front of House

My responsibilities, providing exceptional customer service, taking orders, serving customers food, taking payments, and ensuring food hygiene standards are always achieved.

03/25 - 06/25 Eaton Vale 0 hours instructor

At Eaton vale my roles included shadowing and running outdoor adventurous activities on site at Eaton vale. These included sessions on the low ropes course, Archery, indoor climbing wall and canoeing.

07/21 to 03/23 Saturday job - Brownies and Coffee, Norwich

My responsibilities included taking customers orders , offering excellent customer service , clearing the tables , washing up , keeping the cafe tidy and serving the customers.

Education - Ormiston Victory Academy - Costessey, Norwich

Sailing RYA Level 2

GCSE: ENGLISH – 4*

GCSE MATHS – 3*

GCSE HISTORY - 3

GCSE PHOTOGRAPHY - 4

BTEC LEVEL 2 TRAVEL AND TOURISM - DISTINCTION 2

BTEC BUSINESS - MERIT 2

GCSE SCIENCE

- **Easton College , NCFE Outdoor Sports Leadership Level 2**

- Having finished studying at Easton College, Norwich for a Diploma in Outdoor Leadership. The course covered a variety of subjects such as sailing, safe swimming, mountain biking, bushcraft, Paddleboarding, canoeing and surfing. learning practical outdoor adventure skills and coaching and am hoping to pursue a career in the sport or outdoor industry such as coaching, leadership or instructor.

Hobbies , Interests

- **Hillwalking**

- **Rock climbing (sport & Trad)**

- **Golf**

- **Gym**

- **Football**